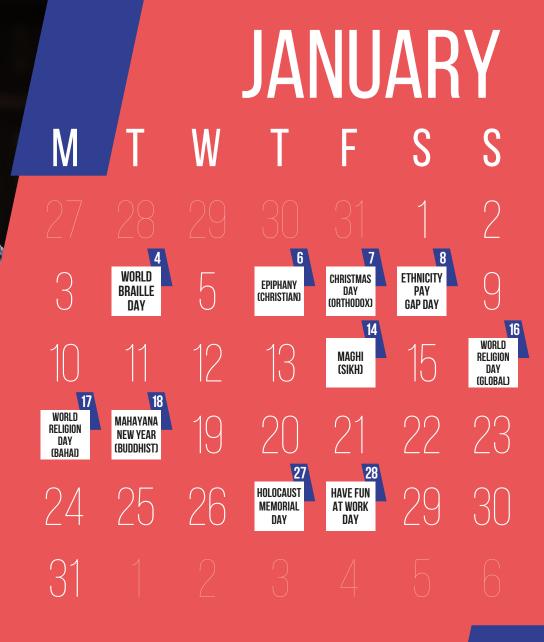
#### THE VERCIDA DIVERSIONAL DIVERS





# KEEPING THE FAITH MONTH



Each month Vercida concentrates on a specific aspect of diversity such as cultural, racial, religious, age, sex/gender, sexual orientation and disability.

This month we are focusing on religious diversity. Keeping the faith, honours different beliefs and celebrates allowing individuals to be true to themselves.



# FEBRUARY



February marks LGBTQ+ History Month and to celebrate we will be covering historic events within the community and sharing the experiences of our clients and their employees.

The overall aim of LGBTQ+ History Month is to raise awareness and educate people about the LGBTQ+ community.

# LGBTQ+ HISTORY MONTH

# EMPOWERING WOMEN MONTH INCLUDE, INSPIRE, INITIATE

MARCH S F N INTERNATIONAL WORLD WHEELCHAIR DAY / LAILAT AL-MIRAJ LENT h HEARING BEGINS DAY (ISLAM) BRITISH  $\bigcup_{i=1}^{n}$ INTERNATIONAL SIGN LANGUAGE WOMEN'S DAY WEEK ST 18 10 INTERNATIONAL h lh PATRICK'S DAY OF HAPPINESS DAY INTERNATIONAL WORLD DOWNS SYNDROME DAY / DAY OF WORLD PURPLE **MOTHER'S** REMEMBRANCE DAY ELIMINATION DAY OF THE VICTIMS RACIAL (EPILEPSY DAY) DISCRIMINATION OF SLAVERY WORLD INTERNATIONAL 29 TRANSGENDER BIPOLAR DAY OF DAY VISIBILITY

March is about celebrating women and empowering them to be their best selves. Women's Month commemorates the history of women's impact on the world and raises awareness of issues women face worldwide. International Women's Day was established to commemorate the movement for women's rights and we want to acknowledge this throughout the month of March.



# HIGHLIGHTING NEURODIVERSITY MONTH

APRIL S Μ F RAMADAN **BEGINS** / WORLD AUTISM AWARENESS DAY 8 UN WORLD INTERNATIONAL HEALTH ROMANI DAY DAY 12 14 15 17 VAISAKHI GOOD FRIDAY / EASTER  $\left| \begin{array}{c} \\ \\ \\ \end{array} \right|$ (HINDU. INTERNATIONAL START OF SUNDAY EQUAL PAY DAY SIKH) / PASSOVER (CHRISTIAN) LENT ENDS CIEWISHD 22 23 18 ST. GEORGE'S Day (Christian) / EARTH DAY / EASTER STEPHEN MONDAY LAWRENCE END OF (CHRISTIAN) DAY PASSOVER 25 29 26 START OF INTERNATIONAL LAYLAT HONESTY LESBIAN DAY OF AL-QADR VISIBILITY LESBIAN DAY (ISLAM) VISIBILITY WEEK

Every person has potential and in April we are shining a light on neurodiverse employees.

By highlighting the many ways people can communicate we are celebrating the diverse range of people we work with and how they all are all valued.

# MENTAL HEALTH MATTERS MONTH

MAY F S Μ W S INTERNATIONAL WORKERS DAY / Ramadan Ends / Family EQUALITY DAY MAY DAY DEAF 5  $\int$ BANK EID AL-FITR AWARENESS WEEK (UK) HOLIDAY / ENDS EID AL-FITR (ISLAM) MENTAL 1 13 INTERNATIONAL  $\left| \bigcup_{i=1}^{n} \right|$ HEALTH DAY OF FAMILIES AWARENESS WEEK INTERNATIONAL Day against GLOBAL DAY For cultural GLOBAL Accessibility Awareness 20 16 18 22 DIVERSITY FOR Dialogue and HOMOPHOBIA. BIPHOBIA AND DAY TRANSPHOBIA DEVELOPMENT 23 24 29 25 26 $\mathcal{D}$  $\mathcal{C}^{1}$ 3

Mental health in the workplace is the focus for May. During this month we are showcasing what businesses do to improve the health and wellbeing of their people at work.

# PRIDE MONTH

JUNE S F M SPRING SHAVUOT START OF GURU BEGINS GLOBAL DAY ARJAN BANK SUNSET OF **OF PARENTS** MARTYRDOM SATURDAY HOLIDAY (SIKH) (JUDAISM) SHAVOUT ENDS NIGHTFALL OF  $\square$ MONDAY (JUDAISM) END OF GURU AUTISTIC FATHER'S ARJAN MARTYRDOM PRIDE DAY (SIKH) WORLD NATIONAL INTERNATIONAL 24WOMEN IN HUMANIST WINDRUSH ENGINEERING DAY DAY DAY  $\mathcal{O}(\mathcal{O})$ 

It's pride month and during the month of June, all over the country, people are demonstrating their support for the LGBT community.

Vercida is joining the campaign by promoting diversity and inclusion to reduce discrimination against these communities and helping to spread the inclusion message.



### CHANGING AGE PERCEPTION MONTH (AGE IS JUST A NUMBER)

JULY F S W Ν h EID AL-ADHA BEGINS 15 17 EID AL-ADHA WORLD WORLD 12 INTERNATIONAL INTERNATIONAL ENDS / ASALHA YOUTH POPULATION NON-BINARY PUJA (DHARMA JUSTICE DAY DAY PEOPLE'S DAY SKILLS DAY DAY) - BUDDHIST 18 NELSON MANDELA 2219 24 23 INTERNATIONAL DAY / SOUTH ASIAN HERITAGE MONTH BEGINS ST JAMES The Great Day (Christian) 31 27 28 25 26INTERNATIONAL DAY OF FRIENDSHIP

This July we are focusing on changing the perception of age by showing that all generations can learn from each other. Older adults can be role models for their younger colleagues, passing on their wisdom through experience whilst, older adults can benefit from interacting with their younger counterparts by learning fresh skills, like technology. Vercida shows how breaking down age barriers can benefit both organisations and individuals in the workplace.

### HERITAGE EMPOWERMENT MONTH FREEDOM TO CELEBRATE WHO WE ARE, LOOKING TO UNDERSTAND THE NUANCES OF DIFFERENT ETHNICITIES

AUGUST Ν SINGLE WORKING WOMEN'S DAY INTERNATIONAL DAY OF THE INTERNATIONAL WORLD'S YOUTH DAY INDIGENOUS PEOPLES SOUTH ASIAN HERITAGE MONTH ENDS INTERNATIONAL DAY INTERNATIONAL WOMEN'S COMMEMORATING DAY FOR THE THE VICTIMS OF EQUALITY REMEMBRANCE OF ACTS OF VIOLENCE THE SLAVE TRADE BASED ON RELIGION DAY AND ITS ABOLITION OR BELIEF AUGUST BANK HOLIDAY

August looks at the family tree and explores people's ancestry and how knowing a person's background should enable them to be proud of who they are.

When organisations welcome people from all backgrounds into a company their main objectives has to be understanding and inclusion.

## FREEDOM AND EQUALITY MONTH HOW TO LEVEL THE PLAYING FIELD

SEPTEMBER W F S N WORLD SUICIDE INTERNATIONAL ĥ  $\left( \right)$ PREVENTION DAY OF DAY / SWAP CHARITY IDEAS DAY DISABILITY 13 h AWARENESS DAY WORLD BI Visibility day / International day of sign WORLD Alzheimer's WORLD DEAF DAY / INTERNATIONAL DAY DAY OF PEACE LANGUAGES EUROPEAN 2830 20DAY OF LANGUAGES

September is all about equality and freedom of expression. We will showcase stories and cover topics including cultural, racial and religious diversity, age, sex/gender, sexual orientation and disability to ilustrate how companies create an environment for this to happen.

# BLACK HISTORY MONTH

W F S Μ INTERNATIONAL INTERNATIONAL DAY OF OLDER DAY OF Non-violence PERSONS / WORLD MENOPAUSE DAY WORLD DYSLEXIA AWARENESS DAY 10 NATIONAL WORLD 12 WORLD 16 COMING OUT DAY MENTAL SIGHT HEALTH DAY DAY **SPIRIT** INTERNATIONAL INTERNATIONAL 18 21 23 10 DAY FOR THE STAMMERING DAY ERADICATION AWARENESS (LGBTQ+) OF POVERTY DAY INTERSEX NATIONAL 28 24 30 2bMENTORING Day AWARENESS DAY 31

OCTOBER

Black History Month was created to focus attention on the contributions and achievements of those with African or Caribbean heritage. It's also an opportunity for people to learn more about the effects of racism and how to challenge negative stereotypes. We've always been advocates of rights, equality and inclusion and that's why we're proud to support the ideas behind Black History Month, this year and always.

# HONOURING MEN MONT

NOVEMBER W F S NATIONAL  $\mathcal{O}$ ISLAMOPHOBIA h STRESS

ARMISTICE

DAY

25 INTERNATIONAL

DAY FOR ELIMINATION OF VIOLENCE TOWARDSWOMEN

13 REMEMBRANCE

21

SUNDAY /

WORLD

KINDNESS DAY

TRANS DAY

OF

REMEMBRANCE

12

INTERNATIONAL

MEN'S DAY

AWARENESS

DAY

24

M

ANTI BULLYING

WEEK WORLD / DIABETES DAY

28

AWARENESS

MONTH

INTERSEX

DAY OF

SOLIDARITY

15

22

29

 $\bigcup$ 

INTERNATIONAL

DAY FOR

TOLERANCE

(UNITED NATIONS)

23

ST. ANDREW'S

DAY (England)

We are proud advocates of Movember and we are working towards a world where men can take action to maintain their mental wellbeing and feel they are supported by those around them, especially in the workplace. During this month we highlight positive role models and raise awareness of how men can also improve gender relations and help to promote equality for women too.

# DISABILITY CONFIDENT MONTH

In December, VERCIDA marks Disability Confident Month by highlighting the strengths of the unsung heroes aiming to change the perception of the disability talent pool.

28

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KWANZAA

**(AFRICAN** 

DIASPORAJ

2

DECEMBER

INTERNATIONAL

DAY FOR THE

ABOLITION OF SLAVERY

WORLD

AIDS DAY

INTERNATIONAL

DAY OF PEOPLE

WITH Disabilities

INTERNATIONAL Human Rights Day

CHRISTMAS

EVE

(CHRISTIAN)

NEW YEAR'S EVE

HOGMANAY

WATCH NIGHT

(CHRISTIAN)

INTERNATIONAL MIGRANT'S Day

CHRISTMAS

DAY

(CHRISTIAN)

We're taking the opportunity to congratulate and showcase employers in their efforts to create a diverse and inclusive workforce that welcomes people with various disabilities into their organisations.